

# IMPACT IN NUMBERS

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## EMOTIONAL WELLNESS

### BEHAVIORAL HEALTH

Including Child & Adolescent and Adult Mental Health

**1,901** children & adolescents served

**2,391** adults served

### Across all Behavioral Health programs

**98%** of clients decreased barriers to accessing behavioral health care

**96%** of clients said their overall health improved as a result of MFS services

### Adoption Support & Preservation

**99%** of families stayed together

### School-Based Counseling

**98%** experienced fewer depressive symptoms (such as despondency, sleep disturbance, feelings of worthlessness)

**96%** improved or maintained their peer relationships

## EDUCATION

### EARLY LEARNING

Head Start, Early Head Start, Preschool for All

**1,083** children ages 0-5 **88%** met/exceeded expectations for growth and development

**91%**: cognitive development  
**89%**: social emotional development  
**89%**: literacy development  
**86%**: mathematics

### PROJECT STRIVE

**47** youth enrolled in the program at 5 partner schools

**97%** of students had 2 or fewer failed grades in core courses

**84%** improved their planning for success skill set

### HOME-BASED PROGRAMS

Helping parents be parents: empowering families as their children's first teachers

**233** children and their families served

**93%** of parents showed an improvement in one or more risk factors for child mistreatment

For example: Inappropriate Parental Expectation, Parental Lack of Empathy, Belief in Corporal Punishment, Oppressing Children's Power and Independence

### COMMUNITY SCHOOLS

**7,046** students enrolled in programming at 29 partner schools, K-12

### STUDENTS SAY

**79%** learned ways to solve problems on their own

*"I learned how to resolve matters without fighting"*

*"What I like the most of the program is that there is at least someone that can understand what you are going through and you can talk to them"*

### PARENTS SAY

**88%** said their child learns things that help them do better in school

*"The after school program has gone above and beyond for my family. Even including the younger ones who do not yet qualify."*

*"Two of my kids are very shy and introverted ... They have become more confident in trying new things."*

### TEACHERS SAY

Teachers shared student improvement in key areas

**83%** Getting along well with other students

**82%** Coming to school motivated to learn

## ECONOMIC STABILITY

### WORKFORCE DEVELOPMENT

Investing in our communities: building an empowered workforce through job readiness and placement

**1,031** individuals participated

**336** clients improved their credit scores as a result of their program

**65%** made at least one gain in their education and training as a result of their program

Completed digital literacy training, adult literacy training, received high school diploma/GED, completed apprenticeship, received Associate's or Bachelor's degree

### GERST FAMILY YOUNG FATHERS PROGRAM

Empowering fathers to actively nurture and financially support their children

**176** fathers participated **80%** were placed in jobs

**100%** completed job readiness training and digital literacy training

### GREATER CHICAGO FOOD DEPOSITORY'S

### CHICAGO COMMUNITY KITCHENS

Providing case management for culinary school students during their training

**94%** participants in the program received additional employment support services

### After the training:

**97%** of participants felt they had the skills to be successful

### WORKFORCE INNOVATION OPPORTUNITY ACT (WIOA)

Empowering youth to find and sustain employment and certification

**204** youth served

**81%** made at least one gain in their education and training

## EMPOWERMENT

### DOMESTIC VIOLENCE SERVICES

#### IN CHICAGO

**1,324** clients received Domestic Violence Counseling, Court Advocacy and/or Case Management services in Cook County

**1,143** adults and **181** children

**Breaking the Cycle** is a 10- to 12-week group offered through our Midway Center, helping participants learn, thrive and build resiliency in a domestic violence context.

**100%:** I know how to build protective factors for me and/or my children.

**100%:** I can identify 3 warning signs of an abusive relationship.

### Domestic Violence Counseling and Court Advocacy

**93%** of DV Counseling clients saw a reliable decrease in traumatic stress symptoms due to the counseling intervention, with 75% of clients showing clinically significant change.

#### Clients in both programs said

**99%:** I was helped to find many ways to help keep me safer.

**98%:** I better understand the effects of abuse on my life.

**98%:** I better understand that I am not responsible for the abuse.

#### IN DUPAGE

**1,611** clients received Domestic Violence Shelter, Counseling, and/or Court Advocacy services in DuPage County through Family Shelter Service of Metropolitan Family Services DuPage

**1,397** adults and **214** children

### LEGAL AID SOCIETY

**13,801** SERVED

INCLUDING **3,015** FAMILY MEMBERS

**170 volunteers** donated **6,621 hours** of their time

**Legal representation:** with and without litigation

**Brief services:** through the Elder Help Desk, Power of Attorney Clinics and Resource Fairs

### Safety and Family:

Served **869** clients and **1,837** family members

**595** Orders of Protection

**34** Child Support Orders, with **\$230,000** awarded in child support

### Health, Housing, and Economic Stability:

Served **556** clients and **389** family members

Prevented eviction for **31** clients Secured more than **\$21,000** in financial assistance

### Individual Rights and Social Justice:

Served **147** clients

Provided social services support for **59** clients

Conducted **104 trainings, workshops, community education and direct outreach activities**

### COMMUNITIES PARTNERING 4 PEACE (CP4P)

#### Light in the Night

Reclaiming safe spaces in CP4P neighborhoods with positive activities through community events

**962** EVENTS **78,757** ATTENDEES

#### Metropolitan Peace Academy

Professionalizing the field of street outreach through a 144-hour curriculum

**60** graduates **129** graduates total

**20** graduates are now facilitators

**95%** of participants believe the outreach training will help them do their job better

#### Street Outreach

##### Canvassing

Building relationships with community members, building inroads with key individuals, and increasing awareness of community-based services

Reached **97,102** key individuals over **66,091** hours

##### Conflict Mediation

**2,907** conflict mediations

Identifying and responding to conflicts as they arise in the neighborhoods

### METROPOLITAN PEACE INITIATIVES

#### Workforce Development

**64** participants completed Job Readiness Training (JRT)

**68** participants enrolled in a GED program

#### Behavioral Health

**62** participants served in **10** communities

**14** communities participated in self-care workshops

Additional services include: mental health workshops, anger management services, and active emotional support to outreach staff